



Release Highlights

- [Coconut Bay Beach Resort & Spa](#), St. Lucia, offers multi-day, themed spa treatments
- Private treatment rooms or oceanfront patios inspire relaxation
- High-res images upon request
- **See release below for more information**

SPA-TACULAR

Multi-day spa programs enhance vacations at Coconut Bay Beach Resort & Spa

VIEUX FORT, St. Lucia – February 17, 2009 – Coconut Bay's Kai-Mer Spa in St. Lucia offers the perfect combination of island-grown ingredients, private beachfront treatment patios and personalized service to soothe stress away. Dr. Manoj Kutteri, spa manager, has created five new spa packages for guests traveling in 2009. These customized packages treat the whole body and mind through nutritional counseling, exercise classes, Asian-inspired treatments like the third-eye oil drip, acupuncture and traditional treatments.

Look Like a Fox, After Detox – Coconut Bay's Detox and Rejuvenation Program

This six-day detox program is designed to cleanse and relax the body. Guests start with a Hot Stone massage, followed by a facial and choices of body exfoliation using lime and ginger or a Dead Sea scrub.

Price of spa package: \$649.

Don't Say A Peep, I'm Trying to Sleep – Coconut Bay's Sleep Program

For those with trouble sleeping, this package uses acupuncture to promote the secretion of serotonin – the happy hormone – inducing a deep relaxation. Hopi ear candling uses lavender and heat to draw out impurities and relax the sympathetic nervous system. Rooms in the adults-only Harmony wing offer king-sized beds, overstuffed pillows and black-out curtains for sleep-in sessions.

Price of spa package: \$325.

Put Up a Fight Against Cellulite - Coconut Bay's Anti-cellulite Program

This program will flush and cleanse the circulatory, lymphatic and digestive systems to reduce cellulite from the inside out. It starts with a 75-minute powerful contour cellulite therapy, which includes body exfoliation, anti-cellulite wrap and mini facial. The program also includes complete lifestyle and nutritional counseling so guests can continue the program once they return home.

Price of spa package: \$325.

Reduce Stress and Gain Some Finesse – Coconut Bay's Stress Buster Program

An intense four-hand Abhyanga massage relaxes the muscles while a clinical foot reflex therapy invigorates the body. Ultimate relaxation is achieved by an Indian head massage with Asian-inspired oil treatment.

Casualy Caribbean
INCREDIBLY ALL-INCLUSIVE

www.cbayresort.com

Price of spa package: \$399.

No One Can Gauge Your New Age – Anti-aging Exercise Program

This three-day package focuses on the skin using acupuncture, lymphatic drainage, a hydrating organic aloe wrap and anti-aging caviar facial. A yoga session and sports massage stretches the body and improves posture for a physically younger look.

Price of spa package: \$499.

Prices quoted are for spa treatments only, and are per person. All spa packages are valid through December 2009. All-inclusive room rates start at \$310 per night, per person. For a complete list of room rates and money-saving deals, please visit www.cbayresort.com or call (877) 352-8898 to reach the resort directly.

Guests with children can take advantage of the supervised Kidz Klub with guided activities. The day-long program allows parents to freely enjoy the spa, meals and beach.

St. Lucia's exotic southern coast is home to Coconut Bay Beach Resort, an all-inclusive resort catering to families, couples and honeymooners alike. Mirrored after the island's most famous landmarks, the twin Piton Mountains, Coconut Bay has its own set of twins, Harmony and Splash. "Harmony" is a tranquil adult-only oasis offering an intimate setting for those seeking a romantic escape with a coconut palm-fringed pool, braided hammocks, private cabana beds and the oceanfront Kai-Mer Spa. At the opposite side of the resort, the young at heart are drawn to "Splash," the resort's tropical playground featuring CocoLand Kidz Klub, a paintball facility and the island's largest water park. This casually Caribbean resort has 254-rooms on 85 acres, and it's all just a short transfer from the Hewanorra International Airport.

#

Media Contacts:

Shannon Schiner / Caitlin Murphy

Cheryl Andrews Marketing Communications

Phone: 305.444.4033 / Fax: 305.447.0415

E-mail: shannon@cam-pr.com / caitlin@cam-pr.com